

To build magnetic attraction and have her wanting more, check out the secrets of 'Double Your Dating' at:
<http://losttheone.com/recommend/go/dydating>

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Dear Reader,

Congratulations for deciding to expand your horizons in learning to relate with women. As you can see, the subject of this book is flirting, and I'm willing to bet that more than 90% of men are completely clueless when it comes to knowing how to flirt with women.

Now, of course this probably makes you wonder why you can find this secret information in a simple little EBook doesn't it? Hey, don't let size fool you. There have been scores of books written by men who understand nothing about women, some of them are considered to be "great literature."

Okay, well, maybe they're great for entertainment purposes...but let's be honest: most of what's out there isn't helping men to succeed with women. How do I know this? Because hundreds of men are still clueless, frustrated and searching the internet for information that *really works* when it comes to attracting women.

That's the reason why this little book was created...for the men who don't want to be entertained and to learn things that are popular, they want to learn what really works. Most of what's being taught isn't working, but many men aren't as smart as you. They somehow believe that if they keep using what's not working that one day it will all work out.

So you've got a lot of information circulating that's not working and no one's smart enough to stop and say: "Hey, this isn't working!" And now we've got volumes of romance novels and movies out there fooling men into thinking that popular understanding of how to relate with women actually works.

Thankfully, you're smart enough to know better, and this book was created for the few people who are willing to face the fact that they need to learn something new to get new results. So what you're about to read isn't popular, and most people you talk to won't have a clue if you tell them that you're going to try it.

But I'm guessing that as soon as you start putting these things into practice, you'll see a whole new world of possibilities open up to you and you won't care what anyone else thinks. And I'm pretty sure that would work for you.

Enjoy.

Chapter 1: The Language of Flirting and Why You Must Learn It

Okay, if you've ever had the feeling that women speak a different language when it comes to dating, you're right. They don't like our direct approach - it's not romantic and mysterious enough for them. They want mystery, guessing, romance, chasing...you know, all the things that we hate and don't have time for.

We're men, we want to know what's up and we want to lay all the cards out on the table. We want to go out there and find a women to club over the head and drag into our cave. We're bottom line thinkers and dating is more like business for us. We want what we want and when we find it, we don't want to pussyfoot around with indirect communication and cat and mouse games.

Give me a nod if you know what I'm talking about here...

Only one small problem with this approach tiger...women are delicate creatures. They want mystery and romance and a little bit of cat and mouse. They want the language of flirting to be "in code" and they want to read between the lines and read the meaning behinds things....they want us to do the same!

Blech! What a pain in the neck. Can't we just find a woman who knows what she wants? Why do women have to be so mysterious and expect us to keep flirting "under the radar?"

Well, I suppose you can try that if you'd like. But if you don't learn to speak the indirect, romantic and a little bit mysterious language of flirting, women are going to go back out in search of a guy who will play this game. Sure, the direct approach might work out for us. Again, we just want to get down to business.

But women want to shop around and to play the romantic flirting "can you guess what I'm thinking" game...anything less and the magic just isn't there for them.

Translation: the direct bottom line approach brings no attraction with women...that's our thing.

But women don't even speak that language. So if you want to keep being direct and bottom line and expecting her to do the same, go right ahead...I wish you the best.

But if you really want to turn your dating life upside down (in a good way), the first thing you have to accept is that for women, flirting is a mysterious, indirect and romantic game. And just like any other game, you have to be in it to win it.

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So what does it mean to get in the game of flirting?

Well, let's begin at the beginning...

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Chapter 2: Creating a Fun and Flirty Vibe...Instantly!

Flirting with women is all about getting off on the right foot. The first impression that you make with a woman will set the pace for the entire interaction...and relationship (if it goes there).

So the key to flirting effectively is getting off on the right foot when it comes to playing the indirect game of flirting. And there are a few rules that you need to follow right from the start in order to start building the mystery and the romance.

First rule, don't telegraph your interest in her. Remember, women don't care for the bottom line approach. Besides, they know you're interested in them.

How do they know?

Because you're talking to them and actually showing some kind of interest in knowing something about them...this is enough for them to know that you're interested. If you go out of the way to try and telegraph your interest, you've just killed the mystery.

Let's face it, men aren't like women when it comes to being socially open. Women will talk to anyone about anything and everything...even a stranger. But guys usually only engage someone in a conversation when we have a reason to.

So there's no need to telegraph interest, if you're talking to her that's a sign enough.

Second rule, playful and teasing humor is the best way to get a fun and flirty vibe going right away. If you tease a girl, you start playing with her emotions. On one hand, you're being fun and playful, but on the other hand, you have her guessing about whether or not you like her.

It's perfect, especially since you can usually get her coming back to you with a few little jabs of her own. Believe it or not, what's actually happening there is the beginning of sexual tension.

Just think about it, haven't you ever had that great make up sex right after a fight? It's because a little bit of friction arouses sexual tension, and there's only one way to release that tension....can you guess what it is? 😊

Third rule, confidence is sexy. In fact, there's nothing sexier to a woman than a man who has confidence. Not money, not muscles, not a great car, not a great body. Sure, it does help to have all these things.

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But your level of personal confidence when it comes to your interaction with a woman is usually equally proportionate to the level of attraction you're able to build.

Now, since we're talking about confidence, I'm sure you've already heard the obvious things:

Eye contact. Yes, that's important.

Good Posture: Yes, again, important.

Using her name when you speak to her. Yes, important.

A melodious and enthusiastic tone. Okay, okay...it's important.

But you already know all those things are important....the key is making these things a natural part of your personality...and there's only one way to do that: to have genuine confidence, to the very core of who you are, and this means that you put a high value on yourself.

This isn't something that you can imitate. You have to develop it by approaching every new interaction with a woman with the mindset that you don't need her to be attracted to you. You don't need anything from her. You don't even need her to like you.

While this might sound counterproductive, it will give you a sense of inner confidence which will allow you to play the indirect game of flirting without being afraid of whether or not you're "doing well with her."

And the final rule of having a fun and flirty first interaction....take it to a physical level as soon as possible.

Let's talk about how to play that part of the game...

Chapter 3: Flirting Escalation-From Verbal to Physical...and Fast!

The best way to build attract with a woman (and without giving things away) is to use physical contact. This is because physical contact is unspoken and therefore allows you to maintain the romance and the mystery, but it's clear enough to communicate that there's something beyond casual interest.

Remember, women like the indirect approach, which means that you coming out and saying: "I think you're very attractive" or "You're a very interesting person," is going to kill the mystery. But by using physical escalation, you can tell them both of these things without actually telling them.

For example, when you speak to a woman, grasping her hand lightly for second, a little playful poke, a hip check or a slight brush on the arm, speaks volumes about your level of interest in her.

It's telling her several things, without you even speaking a word. For example, a light touch says:

- I'm comfortable being close to you
- I'm confident in entering your space
- I'm comfortable with intimacy
- I like you, and it's okay if you touch me back
- I think you're attractive

Now, just think about all the things that you just "said" to her without having to say anything. The mystery is still there, and if you play your cards right, you'll still leave a bit of doubt as to whether you're really interested in her.

Meaning that in addition to these light touches, you still tease her, you still hold the mindset that you don't need her to be interested in you...or even to like you. You don't compliment her like ALL the other guys who approach her.

In other words, you're not needy....like 99% of the other guys who approach her. And since she's used to guys telegraphing interest in her, she'll be wondering:

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“This guy isn’t going out of his way to show interest, he’s not trying to impress me. He’s not needy...but he keeps touching me....is he interested or not?”

Now, here’s where you need to accept the difference between us and women. We HATE having to guess if a woman is interested in us or not. We want things to be clear and when they’re not, we get pissed off.

But not a woman. She loves these mysterious little mixed signals. It makes things fun and intriguing for her. It gives the interaction a little bit of mystery and it keeps her on her toes.

It excites her and it keeps her guessing. It challenges her. And most of all, it communicates to her the man she’s interacting with might actually NOT NEED HER TO BE ATTRACTED TO HIM!!

Oh my God! She can’t have that! She needs to know that he’s crazy about her like 99% of the other men who approach her. And when she doesn’t get that kind of attention...it makes her want the man even more.

Why is this? Because women are more likely to want something that they don’t have. It’s part of the way that they’re wired. There’s nothing wrong with this. Hell, us men have our own little oddities.

For example, we always have to one up the other men in our life. We’re competitive in our own way. If another man owns something that we don’t own, we have to own something bigger, better and faster and we’ll even spend ourselves into debt to have it.

So each sex has a few little quirks...and when it comes to women, they want what they think that they can’t have. And the more out of reach it is...the more they want it. This is especially true when it comes to men.

So if you escalate physical attraction with her while at the same time having a non-needy and teasing attitude towards her, you’ll become irresistible.

Now, when it comes to physical escalation, the general rule is that you take a few steps forward, and then pull away. As soon as she starts to respond to you touching her (touching your back, getting closer etc), pull back and let her wonder if you’re still interested.

And this is a great way to also make the transition into building attraction...

Chapter 4: Building Magnetic Attraction

By now, you're probably getting the idea that attraction isn't the same for women as it is for us. They don't want a man who makes himself too available to her or who comes off as needy. They don't want the bottom line strictly business approach...it kills romance and mystery.

But this indirect approach is not to be confused with being meek or subtle. In fact, if you want to build attraction with women, the worst thing that you can do is be meek. You need to be a bit of a bad boy, that's the key to building truly magnetic attraction with women.

You've probably suspected this for your whole life, and it's time to just make one thing point blank clear: nice and sweet guys are not attractive to women.

Yes, they say that's what they want. But how many people do you know who claim that they want something...but their choices tell an entirely different story? People say that they want to be thin and in shape, but they sit in front of the TV for hours a day. They say that they want to be rich, but they spend themselves into debt and work jobs that they hate.

ALL of us claim to want things that we don't pursue with our behaviors. And the same is true when it comes to what women find attractive. They say that they want a nice sweet and well mannered guy...but if you believe that to be the truth, you'll continue to be confused by the dating decisions that you see women make.

Creating the true magnetic attraction with women (the kind of attraction that they literally have no control over) requires you to be a bit of a bad boy. The kind of men that you see women fall for over and over, and wonder why the hell they keep telling you that what they really want is a nice guy.

So what's it going to take for you to become a man who naturally creates magnetic attraction with women? Well, there are three things which you must incorporate into your flirting in order to position yourself as one of these "ladies magnets:"

1. Non-Neediness

As I mentioned before, the less you need to be attracted to you, the more attractive she's likely to find you. Think about it, when you meet a woman who makes you earn your place in her life, how much more valuable does she seem to you because of this? You might have heard that people value things depending on the price they had to pay for them.

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So what kind attraction can you hope to build with a woman if you're making yourself openly available to her all the time? If you want to present yourself as a good catch, it's a good idea to put a high value on yourself make her work for your attention.

This means you don't have to be readily available every time she calls. You don't have to do only things that she's interested in. You don't have to agree with everything she says or tolerate her when she's being unreasonable with you.

In fact, many times woman will test you to see whether or not you're going to get in to her right away or if you're going to stay the course and be your own person. Nice guys make the mistake of giving women whatever they want whenever they ask for it.

And of course, women find this kind of behavior boring, weak, and submissive...all things which will kill attraction instantly.

So the first step to creating magnetic attraction is getting rid of the needy "please like me" attitude.

2. Mystery

Men who create magnetic attraction with women do so because they know how to keep her guessing and wondering about certain things. In other words, they don't tell women everything about themselves upfront.

They let a few things remain explained or undisclosed, sometimes for several dates after they've met a woman. This way, they use curiosity and mystery to get women thinking about them when they're not around...and this almost always solidifies into attract.

3. Social Proof

Social proof is basically demonstrating to a woman that other women already find you to be a man of high social value. The best way to demonstrate this is to have other women friends in your life at all times. These can be close friends or casual acquaintances, but the important thing is that the women you're actually dating see that there are other women in your life.

This works like a charm when it comes to building attraction because it tells a woman two things:

- That other women already consider you to be worth spending time with
- That some other woman could get a hold of you if she doesn't

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Think about it, what better proof that you are a man of high social than the approval of other women? Not only that, when a women sees that some other woman might get a hold of you before she does, it increases her desire to have you.

Jealousy is a very strong attraction builder, and since women are also more prone to want something that they can't have, surrounding yourself with female acquaintances and friends will create an enormous boost in you attractiveness to women.

Now, are you wondering if there's one thing you can do to demonstrate non-neediness, mystery and social proof?

There is, it's all about being a great storyteller...

Chapter 5: Captivate and Attract Her With Stories

Storytelling is probably the most fun and exciting method of building instant attraction. With the right kinds of stories, you can demonstrate yourself to anyone as a man of high value and create some mystery and curiosity. But there are three things which you'll need to communicate with your stories in order to make this work: social proof, non-neediness and something intriguing.

Of course, you could always tell stories which didn't involve you or which position someone else as the hero. But why do that when stories present a perfect opportunity for you to create attraction with a woman? Better tell stories which will indirectly communicate to her things which she'll find attractive.

Now, there are two ways that you can do this: you can either make up stories or use stories from your real life. My advice would be to find stories which are true. After all, no one has a good enough memory to tell a lie. Besides, if the relationship actually ends up going somewhere (and it will if you do this right), she's going to find out the truth anyway.

So instead of making beds in a burning house, let's do a little exercise which will help you to find stories from your real life which will communicate that you are non-needy, a little mysterious and a man who women find to be worth spending time with.

Step One: Remember a Story When You Turned Down a Woman

This could be something as simple as you turning a woman down for sex, or it could be a story about you deciding not to pursue a woman who was interested in you. This will communicate to the woman you're telling the story to that you aren't a man who simply takes what's given to him.

For best results, find a story where you decided not to go out with a certain woman because you were after someone else...and someone you ended up with! Just make sure that the manner in which you turn down the other women is respectful...and it's best if the woman you turned down actually was a good catch.

Now, here's the secret ingredient: make the focus of the story about something other than you, turning the woman you pursue into a more valuable woman. This way you will be directly communicating that you're not needy without making it obvious what you're doing.

Step Two: Leave Some Mystery

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As you're telling a story to a woman, briefly mentioned something about yourself that not many people may know and is a little bit surprising...just don't tell her too much. Make it a fleeting side detail of the main story, and reveal just enough to arouse curiosity.

This will help to create the kind of attraction which was mentioned in the last chapter.

Step Three: Communicate Social Proof

As you're searching for your personal story, find a few other female characters to mention briefly. Again, these should be mentioned as close friends. But the point is to include them as minor side details in the story so that you indirectly communicate that other women find you worth spending time with.

For best results, make sure that you also make it clear that many of these women friends and acquaintances are still in your life. This will increase your social proof and communicate that there are still women in your life who could "get a hold of you" at any time. Of course, you don't actually say this out loud. All you have to do is mention a female friend or acquaintance that's still in your life and the seed will be planted.

And finally...

Four: Practice Your Story When You're Alone

In order to be a great and captivating storyteller, you have to tell your story with rich details, enthusiasm and emotion. The only way to master this process is to practice your story as much as you can when you're alone, and to slowly move on to telling it to your friends. Once you become comfortable with your story this way, it will be easy for you to tell it to women you just met or that you're attracted to.

Yes, this will take some practice...but just imagine the long-term benefits that could come from it. So get to work on finding and practicing your story.

Now let's talk about the topic that frustrates and intimidates just about every man at some time in his life...

Staying out of the "just friends" zone...

Chapter 6: Staying out of the “Friend’s Zone”

How many times have you met a woman you were really interested in, built a great connection and gone out on a few dates, only to hear her say: “I think of you more as a friend.”

Or worse, she simply started to lose interest in you and along comes some swaggering stud who sweeps her right off her feet. If you’re worn out with having these kinds of experiences, then this chapter might be one of the most important things you’ll ever read.

By now, I’m sure this stage has been set as to why women file some guys in the “just friends” category while chasing like rabid baby squirrels after other men. Again, it’s the men who master the art of indirect communication, build mystery, demonstrate social proof and who don’t “need” a woman to complete them, who get the girl.

But how can you make sure that you position yourself as one of these guys and stay out of the dreaded friends zone?

Here is a simple checklist which you can go over in your mind every time you meet a new woman you’re interested in:

1. Am I Being Needy?

This will reveal itself more in the way that you think and feel while you are around her than anything else. Are you constantly feeling like you have to earn her attention and that you might not be good enough for her? Are you analyzing every little thing that she’s saying and trying to find the hidden meaning? If so, you’re demonstrating to her that you are not confident and lowering your social value in her eyes.

Remember, put a high price on yourself and focus on the idea that she needs you more than you need her. Even if she doesn’t end up being interested, that’s her loss...not yours.

2. Am I Making Myself too Available?

Are you calling her more than she’s calling you? Are you asking her out and trying to spend time with her more than she is with you? Are you going out of your way to buy things and to trying impress her with things other than your personality? If so, check your behavior and pull back a little. Otherwise, she might keep you around just because you’re always available...but she’ll look for a man who demonstrates that he has a life outside of her.

3. Am I Being too “Polite?”

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Being too polite basically means that you are agreeing with everything that she says in order to keep her from disapproving of you. Women aren't frail, they can handle it when a man disagrees with them and has his own opinion. What they can't handle is feeling that a man is too weak to have his own opinions and his own values. These guys might be good friends because they are easy to get along with, but a woman is looking for a man who would challenge her.

4. Am I Being "Slimy?"

If your only interest in the woman is to get her into bed, you better believe that she knows it and feels "icky" because of it. Most of the time, this kind of behavior will either keep you in the friend zone or write you a one-way ticket out of her life. It's better to actually pay attention to her and treat her as a human being who has her own goals and desires instead of putting her up on a pedestal as some kind of prize to be won.

5. Am I Overdoing it?

Are you overdoing it when you are going out on dates by spending a lot of money or trying to put on a big show and impress her? If so, you're basically telling her that your personality is not exciting or interesting enough and so you have to impress her with other things. When you choose dates, choose places and activities which will allow you to interact, to have fun and to get to know one another. I mean think about it, she can go out on extravagant dates with anyone...but having a real connection depends on her connecting with you as you are.

6. Am I Being Indecisive?

Indecisiveness is one of the most definite signs of neediness, insecurity and a lack of passion and direction. As you can imagine, these are not things which create attraction with a woman. At best, she might keep you around as a friend because you're a nice guy. But if you're indecisive, she won't want to spend a lot of time with you because she'll always have to be the one making decisions. But being a decisive and confident man gives her the freedom and the safety to be herself without all of the extra pressure, and that's what women want from a man.

Now, since you probably want to do more than just stay out of the friend zone, let's talk about the 10 qualities which women find most attractive...

Chapter 7: The Top 10 Qualities that Attract Women

In this brief chapter, I'll be giving you 10 key qualities which women find attractive in men. My advice would be to print out a copy of the qualities and find a way to get to work on them as soon as possible.

1. Confidence

This one shouldn't come as a mystery to anybody: women love men who are confident and to put a high value on themselves. In fact, confidence is so attractive to her she will often overlook a man's "imperfections" if he just demonstrates to her that he is comfortable with them.

Remember, the key to confidence is putting a high value on yourself and not measuring your self-worth by other people's opinions.

2. Sense of Humor

Again, this one shouldn't come as a surprise to anyone. Laughter is one of the greatest gifts of life and having someone to share it with is priceless. But how much time do you really spend working on your sense of humor? You might be convinced that your sense of humor is a natural part of your personality and that you're simply born with what you're born with.

This is true to some degree, but the sense of humor is also a skill which can be developed through practice. For example: listening to your favorite comedians, reading jokes or even writing your own jokes.

TIP: Pick a few stand up comedians who you like and make it a daily habit to watch a couple minutes of one of their routines on youtube. For best results, choose comedians who use sexuality in their jokes as humor is a great way to introduce sex into a conversation without coming off as too slimy or pushy.

3. Mystery

Women get bored very fast and if you let them know everything about you up front, the mystery and romance is gone. It's better to leave her guessing about some things and keep some stuff to yourself until she's itching to find out what you're all about. The longer you're able to keep her in suspense, the greater your chances are of getting her attracted to you.

4. Emotional Maturity

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This is the one character trait which you cannot fake and which takes the most experience and practice to develop. But emotional immaturity can be the “deal breaker” that kills attraction with a woman...even if you’ve done everything else right. The best way to start developing emotional maturity is to learn to deal with rejection and disapproval from other people...especially women you're interested in.

5. Decisiveness

There’s no doubt that women are more attracted to men who know what they want. If you are in the habit of putting off decisions, procrastinating or relying too heavily on the opinions of others, the day to start making changes is now. Decisiveness builds confidence and communicates attraction faster than any other outer character trait.

6. Passion

If a woman sees that you are passionate about something, she’ll be more likely to believe that you could someday be passionate about her. If you don’t have a central sense of purpose in your life, get to work on finding one right now. If you do this while making a woman earn her place in your life, you’ll become irresistible to her.

7. Non-Neediness

By now, you probably have a pretty good idea of why this is so important. Again, start reconditioning your mind to put a high body when yourself and to believe that a woman needs you more than you need her. Even if you don’t believe this to be true right now, the sooner you start to believe it, the sooner it will become true for you.

8. Taking Care of Your Body

This means having good hygiene, a good sense of fashion and taking care of your body in regard to physical activity and diet. Sure, you don’t have to go overboard with any of these. But when a woman sees that you care for *your* body, it automatically tells her that you could care for her and for your children.

TIP: A great way to boost your confidence and to start getting your body in shape is with strength training. Strength training also helps you to build a healthy metabolism and balance your hormones which will give you more energy and willpower.

9. Good Communication Skills

Ask any couple who’s been married for more than 20 years how they did, and good communication will almost always come at the top of the list. So if you want to have any hope

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of attracting quality women into your life, developing good communication skills is one of the most important investments you'll ever make.

10. Playfulness

Happiness is the ultimate goal of anyone in life, and being around someone who is playful and who knows how to be a kid sometimes just makes life more pleasant. So when a woman decides which man she wants to spend her time with, she'll always be more likely to choose a man who knows when to be playful.

Chapter 8: Funny and Exciting Flirt Games: Have Her Dying to See You Again

Okay, now that you have a solid idea of what attracts women, and what turns them off, it's time for a few flirting games that will build attraction and curiosity even while you're away, and have you *dying* to see you again. Games are a great way to build attraction and to get her comfortable because they give you a chance to challenge her in a playful way.

Challenging a woman is one of the best ways to build sexual tension and to arouse a woman's playful side. Making a challenge to a woman can be done many ways, but the important thing is that it involves some kind of physical contact.

Games which involve touching such as thumb wrestling and the slug bug game are good for challenging a woman. This way you can escalate things to a physical level and make it fun and playful at the same time.

You can also use these kinds of games when you're away from her by teasing her about how you're going to beat her at them the next time that you see her. Just make sure that the games are fun and that you're dealing with a woman who enjoys a playful challenge. There are dozens of other games like this that you can use to escalate attraction, and you're limited only to your imagination.

In some cases, you might even be able to get her to wrestle with you, which is a great way to build sexual tension. However, if you aren't comfortable with initiating physical contact, you can always start with other challenging little games like seeing who can send a text faster. The important thing is that you find a way to challenge her and keep it fun and exciting.

Of course you can also use other games which don't involve touching and which might be interesting and fun for a woman. One of these is the "guess the name game." You know how some people look like their names? Pick out someone who is nearby while you're out with your date and try to guess that person's name based on what they look like.

A good way to start this kind of game would be to tell her that she looks like her name. Like if her name is Amanda, tell her: "You know, you kind of look like an Amanda." Of course, she'll probably ask you why, and this is a great opportunity to make a remark or compliment about her appearance without coming off as needy or telegraphing interest.

Even if she doesn't agree that some people look like their names, she'll probably still get a kick out of guessing people's names with you. You can even wait till she guesses someone and

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make a bet with her that she's wrong. For example: "No, that guy's name's not Steven...he looks like a Brian. I'll bet you a dollar you're wrong." And of course, you can ask the person in order to settle the bet.

While this might just seem like a silly game it tells her a few things about you: first, that you're not afraid to approach someone you don't know; second, that you can think creatively; and third, that you know how to be a bit playful and silly. Other people watching games might involve guessing what a person is thinking just by their body language or facial expressions, guessing people's signs (if she's into that kind of thing) or guessing what kind of car someone might drive based on their personality, fashion choice etc.

Of course, you might get a woman who isn't interested in playing any flirting games with you, which is okay if you want a woman who takes everything seriously and doesn't know how to have a good time. And always remember, the most important rules of flirting with a woman are to be confident, to escalate attraction and to capture and keep her attention using curiosity and mystery.

Have fun!

Bonus Chapter: Text Message Flirting Tips

Okay, since text message seems to be a new social phenomenon, I figured it would be a good idea to give a few tips about how to flirt using text messages.

First, let's go back to some of the basic attraction builder's: confidence, sense of humor, mystery, emotional maturity, decisiveness, passion, non-neediness, taking care of your body, good communication skills and playfulness.

What I'm going to do is give you several text flirting strategies which will help you to nail all ten of these attraction triggers:

Use Curiosity

When texting to a woman, you must never tell the entire story in one message. Always give her a reason to respond to your text by using curiosity. The following few examples will show you the difference between just sending a text and using curiosity to engage her in the conversation:

Wrong: *"Been thinking about you, had a great time last night...hope you have a good day."*

Right: *"Been thinking of you..."*

Now, what do you think her response is going to be to the first option? Okay, and what about the second one? As you can see, the second creates curiosity and gives her a reason to text back and find out what you've been thinking about her. Then you can continue to give her the original message a piece at a time, while creating some mystery and suspense.

For example:

You: *"Been thinking of you..."*

Her: *"How so?"*

Then you would follow up with some kind of a comment about something that she said or did when you were out with her. The key to making this work is to make a reference to something that will create a feeling...

TIP: Get a cell phone plan which has unlimited text messaging so that you don't have to worry about your cell phone bill having hundreds of monthly text charges on it.

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Create Feelings

Women have a keener sense of their feelings and emotions, so they are more likely to respond to messages which appeal to their feelings. A great way to do this is to actually use words and phrases which suggest physical sensations. Neuro-scientific research tells us that a woman has more connections between the feeling side of her brain and the side which processes logical thoughts and ideas.

This means that when you describe something to a woman which suggests a physical sensation, she actually has a more significant experience in her imagination of what it might feel like. This is why texts which suggest feelings or sensations can create the impression of you and her being close to one another. For example, texts which describe in detail how you're going to massage her feet or her back, kiss her, hug her or cuddle with her will all arouse feelings.

You don't even have to go into a lot of detail with these, just make a few comments and her imagination will take care of the rest.

Create Anticipation

Timing is very important in text flirting. Many men make the mistake of responding too early to a woman's texts or not giving enough time between texts. As a basic rule, wait 5 to 10 minutes before sending her a response to one of her texts. This will keep her in suspense and keep you from coming off as needy. Waiting 5 to 10 minutes will also help you to come up with more clever responses, one's which are slightly playful or even hinting at something sexual.

But it's also important that you remain in control of the conversation by giving her time to respond...even if it takes her a while. The second you start messaging her because she hasn't messaged you back yet or sending messages asking things like: "What did you mean by....?" you lose control of the interaction and of the opportunity to build suspense and anticipation.

Build Attraction

Remember the sections in this book about how to build attraction and to avoid coming off as the needy "nice guy." Make sure that your text messages take these principles into account. For example, you can make indirect remarks about who you're going to meet or who you were hanging out with yesterday, and therefore raise your perceived social value in her eyes.

Create curiosity and mystery with your text messages by holding back certain things until you see her again. For example, if she asks you about something that requires some detail, don't text her back or call her. Instead, explain to her that you'll tell her when you see her next time, and don't give in when she insists that you tell her now.

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Another great way to build your social value with text messaging is to respond to her calls by texting her instead of calling back. This demonstrates that you value your privacy and that you aren't going to be available to answer the phone whenever she calls. Again, this is because making yourself too available to a woman causes you to come off as needy and to lose control of the interaction and the relationship.

Most important, read over your messages before hitting send and ask yourself if what you're saying is building attraction or coming off as a mere friend. Use the checklist from before to make sure that you're coming off as more of a potential lover than as a friend.

- Am I Being Needy?
- Am I Making Myself too Available?
- Am I Being too "Polite?"
- Am I Being "Slimy?"
- Am I Overdoing it?
- Am I Being Indecisive?

Then, consider the things in this book which you've learned to use to attract women, and begin choosing your words accordingly. This will give you the opportunity to use texting as a tool to change your dating life...

Use Texting to Change Your Thinking

Texting can be especially helpful to you if you've gotten into a habit of being needy and getting shuffled into the friend's zone. After all, text messaging gives you time to arrest your habitual reactions and to send responses which are less needy, more confident and decisive and all around better for positioning yourself as a man of value.

So make the most of text messaging and take the time to read your responses before sending them. If you think something might come off as needy, overly available, slimy or indecisive, erase it and start over. This is another reason why it's so important to wait at least 5 minutes before responding.

Now, in case you're feeling that this kind of behavior is phony or deceptive or that you're not being 'yourself,' here's something to think about: changing the way that you interact with people will always start with changing the way that you think. You bought this book because

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you wanted to feed your mind with new information, and the purpose of this new information is to influence your thinking so that your thinking influences your behavior and causes you to create different results in your dating life.

But it took you stopping long enough to download and read this book, instead of just going on thinking and acting in a way that wasn't getting you the desired results. Now, you'll be taking this new information and using it to replace the old information, and it's the same thing when you're stopping to think about what you're texting to a woman.

Texting gives you the option of stopping your old patterns of thinking and deliberately developing and choosing new ones, so make the most of it. The more you do this, the more you'll be able to interrupt old patterns of thinking and of communication and replace them with new ones. Pretty soon, you'll find yourself doing the same thing when you're speaking to women on the phone or in person.

And after enough consistent practice, you'll develop an entire new mindset and new behavior patterns when it comes to your interactions with women. And as you might guess, this will naturally cause you to get the results you're after. And I'm guessing that sounds like a pretty good idea.

Good luck!

Recommended Reading:

Double Your Dating - by David DeAngelo

<http://losttheone.com/recommend/go/dydating>

If there is one word to describe David DeAngelo's 'Double Your Dating' it is Value. True to the reputation he has made for himself, the book will not fail to impress you. ***The Double Your Dating Guide is the premier guide for men dating women.***

Learn From The Best

David DeAngelo is a dating expert for which he is most known for his famous "cocky and funny" pickup theory. This is included in the book, but I personally don't even believe that it is the best part of the book. I can tell that David D has done a lot of research and read a lot of books on the subject of women and how they think.

Reading his book, you may think to yourself on many occasions, "That's so true, how did I not think about that!" and that's what makes this book so great. He puts forth many simple concepts to wrap your mind around without any fluff.

You'll learn a lot of concepts you wouldn't have thought of but are so simple. This book also helps you to be more confident about yourself and to get a grip on your 'inner game'. He makes you seriously look at yourself to make sure you are ready for positive change in your life.

He even points out in the beginning of the book that you are wasting your time if you are someone who is always negative about the outlook on life and that even he won't be able to help you. However, if you are truly here to change in the right direction he is there to get you there.

The new edition includes exercises within the book to help you practice what he has taught you. It's structure is detailed and organized and is easy to learn. When I first started reading it, I honestly didn't want to put it down. His book made so much sense, I wanted to keep on reading... David teaches Double Your Dating from his own experience and he helps you to change your mindset with women. David teaches you how to improve your personality and attitude towards women in a way that you'll attract more women.

The book is broken down into Three Parts:

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- **Part 1: How To Think About Success With Women**
- **Part 2: How To Communicate With Women**
- **Part 3: Exactly What, When, And How**

I personally think Part ONE and TWO are worth it in themselves and are great value.

Double Your Dating also comes with **advanced techniques** as well as **more bonuses**:

- “Sex Secrets— How To Turn A Woman On, Satisfy Her In A Big Way, And Get Her To Do The Things You’ve Always Wanted”
- “The 8 Personality Types That Naturally Attract Women”
- “Bridges — How To Go From One Step To The Next... From The Very First Meeting To The Bedroom”
- A free starter kit that includes two double interviews from the DYD “Interviews With Dating Gurus” monthly interview series
- A free month of subscription to the DYD “Interviews With Dating Gurus” monthly interview series

OVERALL: I honestly believe this is the only guide you’ll need when wanting to learn how to talk to and approach women. It is a book great for beginners but I also believe those intermediate to advanced and still learn a few things or two. I strongly recommend if there is one book you are going to read this year and you are seriously interested in learning how to talk to women, this is THE book.

Pick up a copy at the link below:

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